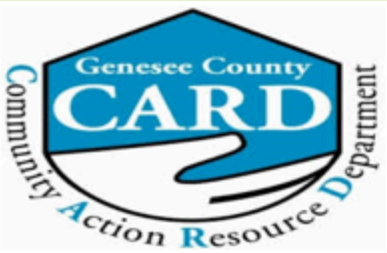







CONGREGATE MEAL MENU - JULY 2026

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3 
		Grilled Chicken Sandwich Chuck Wagon Vegetables Chopped Broccoli WG Bun Mixed Fruit Cup Margarine/Mayo Milk	Italian Grinder Wrap w/Pepperoni, Salami & Ham Lettuce, tomatoes, onions Pasta Salad Diced Pineapples Tomato Tortilla Italian Dressing Packet 100% Fruit Juice	
6	7	8	9	10
Meatball Sub w/cheese Sweet Peas Diced Potatoes Sub Bun Fruit Cup Margarine Milk	Chef Salad w/Romaine Turkey, Eggs & Cheese Carrots Sticks Diced Pears Wheat Roll Salad Dressing 100% Fruit Juice 	Tangerine Chicken w/Rice Green Beans Diced Carrots Hawaiian Roll Applesauce Fortune Cookie Milk	HM Stuffed Peppers Sliced Beets Cauliflower Pineapple Tidbits WW Roll Margarine 100% Fruit Juice 	Chinese Pepper Steak w/Rice Succotash Mixed Fruit Cup Potato Roll Margarine Milk
13	14	15	16	17
Smothered Chicken Breast Lima Beans Mashed Potatoes Corn Muffin Fresh Apple Margarine Milk	Turkey Tetrazzini Prince Charles Veggie Blend Steamed Broccoli Dinner Roll Pineapples Margarine 100% Fruit Juice	Chef's  Choice	Turkey & Cheese Sub HM Antipasto Pasta Salad Fresh Cauliflower WG Bun Tropical Fruit Salad Birthday Cake 100% Fruit Juice	Mac & Cheese French Cut Green Beans Corn Potato Roll Margarine Fresh Pear Milk 
20	21	22	23	24
NO GCCARD LUNCH AT EASTSIDE	BBQ Pulled Pork Cole Slaw Baked Beans Wheat Bun Peaches 100% Fruit Juice	Fiesta Lime Chicken Roasted Corn & Black Beans Brown Rice Peaches Flatbread Margarine Milk	Philly Chicken w/Cheese Diced Potatoes Riviera Blend Vegetables Wheat Sub Bun Tropical Fruit Salad Margarine-Cookie 100% Fruit Juice 	Oven Fried Fish Baked Mac & Cheese Tomatoes & Zucchini Dinner Roll Diced Peaches Margarine Milk
27	28	29	30	31
HM Deluxe Fried Rice w/ Beef, Chicken, Ham, Shrimp & Peas and Carrots Steamed Broccoli Fresh Orange Breadsticks Margarine Milk	Steak Fajitas Spanish Rice Black Beans Mandarin Oranges Tortilla Shells-2 Sour Cream 100% Fruit Juice 	BBQ Chicken Legs Potato Salad Southern Green Beans Pineapples Sweet Roll Margarine Milk	Ravioli w/Chicken & Sauce Steamed Broccoli Roasted Veggies Garlic Roll Fruit Cocktail Margarine 100% Fruit Juice	Polish Sausage Battered Potatoes Sliced Carrots WG Hotdog Bun Strawberry Applesauce Margarine & Mustard Milk 