

Congregate January Menu 2024

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 NEW YEAR'S EVE OBSERVED	 HAPPY NEW YEAR OBSERVED	3 BBQ Chicken Tenders Spinach Yams & Apples Whole Wheat Roll Margarine Fresh Orange Milk	4 Sweet & Sour Meatballs Brown Rice Green Beans Flatbread Pineapple Tidbits Margarine 100% Fruit Juice	5 Pub Burger w/Cheese Potato Wedges Vegetable Blend Diced Pears Multi-Grain Bun Ketchup & Mustard Milk 
8 Pork Chops w/Mushrooms Sugar Snap Peas Roasted Potatoes Sliced Wheat Bread Margarine Fresh Apple Milk	9 Chicken Caesar Wrap W/ Romaine & Parmesan Cucumber Slices w/dip Fruit Cocktail Tortilla Wrap 100% Fruit Juice	10 Open-Face Pot Roast Sweet Peas Mashed Potatoes Texas Toast Half Margarine Diced Peaches Milk	11 HM Chili Whole Kernel Corn Sliced Potatoes Fresh Pear Buttermilk Biscuit w/honey Margarine/Salad Dressing 100% Fruit Juice	12 Grilled Chicken Breast w/Cream Sauce Chopped Broccoli Glazed Carrots Mixed Fruit Potato Roll Margarine Milk
15  MARTIN LUTHER KING JR. DAY OBSERVED	16 HM Creamy Tortellini & Sausage Soup Vegetable Blend Lima Beans Applesauce Corn Muffin Margarine 100% Fruit Juice	17 HM Beef Pot Pie w/ Stewed Vegetables Green Beans Warm Peaches Biscuit Milk 	18 Creole Steak European Veggies Sliced Beets Tropical Fruit Salad Potato Roll Margarine 100% Fruit Juice Cookie Of the Month	19 Crispy Fish Taco w/Fresh Corn Salsa Au gratin Potatoes Cole Slaw Pineapples Tortilla Shell Milk 
22 Ham, Bacon Frittata W/ Cheese, Peppers & Onions Roasted Redskin Potatoes Warm Cinnamon Apples Mini Muffin Milk	23 HM Liver & Onions w/Gravy Mashed Potatoes Sweet Peas Biscuit Applesauce 100% Fruit Juice Margarine	24 Roasted Chicken Breast Italian Veggie Blend Roasted Potatoes Fresh Pear Hawaiian Roll Margarine Milk	25 HM Sloppy Joes Garden Pasta Veggie Blend Broccoli Florets Golden Apple WG Bun Margarine 100% Fruit Juice Birthday Cake 	26 HM Artisan Mac and Cheese French Cut Green Beans Sliced Carrots Wheat Roll Mandarin Oranges Margarine Milk
29 HM Goulash Spinach Baby Carrots Fresh Apple Margarine Milk 	30 HM Chicken Salad Fresh HM Cucumber Salad Fresh Broccoli Bites Diced Pears Croissant 100% Fruit Juice	31 Chicken Cacciatori Mixed Greens Spaghetti Golden Apple Corn Bread Margarine Milk	 	