






Congregate December Menu 2019

Menu Subject to Change Based on Product Availability and Quality Standards

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| <p>2</p> <p>Ham Steak w/Pineapples Steamed Cabbage Rosemary Potatoes Diced Pears Whole Grain Muffin Margarine Milk</p> | <p>3</p> <p>HM Chicken w/Mushroom Sauce Vegetable Blend Mashed Potatoes Sliced Peaches Wheat Roll 100% Fruit Juice</p>  | <p>4</p> <p>Baked Tilapia Au Gratin Potatoes Cole Slaw Corn Muffin Mixed Fruit Margarine Milk</p> | <p>5</p> <p>HM Mac & Cheese French Cut Green Beans Sliced Carrots Fruit Salad Potato Roll Margarine 100% Fruit Juice</p> | <p>6</p> <p>Crispy Chicken Salad w/Tomatoes, Cucumbers & Cheese Fresh Snap Peas Fresh Orange Crunchy Breadsticks Salad Dressing Pkt. Milk</p> |
| <p>9</p> <p>Chicken & Dumplings w/ Stewed Vegetables Lima Beans Mandarin Oranges Potato Roll Margarine Milk</p> | <p>10</p> <p>HM Sliced Roast Beef w/Gravy Redskin potatoes Sweet Peas Fresh Apple Sliced Cinnamon Bread Margarine 100% Fruit Juice</p> | <p>11</p> <p>Cheese Tortellini w/Cream Sauce Kiviera Vegetable Blend Baby Carrots Corn Bake Margarine Berry Blend Applesauce Milk</p> | <p>12</p> <p>HM Boneless Pork Chop w/Gravy Green Beans Yams & Apples Peach Cup Wheat Roll & Margarine 100% Fruit Juice</p> | <p>13</p> <p>Roasted Leg Quarters Roasted Veggies (Carrots, Onions, Brussel Sprouts & Red Bell Peppers Sweet Potatoes Potato Roll w/ Margarine Cherry Fruit Crisp Grape Juice</p> |
| <p>16</p> <p>Salisbury Steak in Broth Steamed Spinach Corn Diced Peaches Multi - Grain Roll Margarine Milk</p> | <p>17</p> <p>CHRISTMAS LUNCHEON Glazed Pork Loin Mashed Potatoes & Gravy Far East Vegetables Blend HM Brownie Wheat Roll & Margarine Milk</p>  | <p>18</p> <p>HM Bean Soup w/Diced Ham Parisian Round Carrots Tossed Salad w/ Tomatoes Salad Dressing pk Tropical Fruit Salad Wild Berry Muffin Milk</p> | <p>19</p> <p>HM Beef Steak Chili Vegetable Blend Steamed Cauliflower Pineapple Chunks WG Crackers Margarine 100% Fruit Juice</p> | <p>20</p> <p>Turkey Pot Roast w/Potatoes, Carrots, Onions Celery & Peppers Glazed Carrots Corn Muffin Top Cherry Fruit Crisp Grape Juice</p> |
| <p>23</p> <p>Turkey Burger w/Cheese Potato Wedges Key West Veggie Blend Cantalope Chunks Multi-grain Bun Ketchup & Mustard Milk</p> | <p>24</p>  | <p>25</p>  | <p>26</p> <p>Margarine Chicken w/ Vegetable Fried Rice Winter Blend Vegetables Melon Chunks Fortune Cookie Hawaiian Roll Margarine 100% Fruit Juice</p> | <p>27</p> <p>Homemade Chicken Salad Tossed Salad w/Tomatoes 3-Bean Salad Wheat Crackers Fresh Apple Salad Dressing Pkt. Milk</p> |
| <p>30</p> <p>Grilled Chicken Sandwich Diced Potatoes Winter Blend Vegetables Diced Pears Wheat Bun Margarine Milk</p> | <p>31</p>  | | | |