


Congregate November Meal Menu 2020

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 HM White Chicken Chili-8 oz Whole Kernel Corn-4 oz Tossed Salad w/Tomatoes-4 oz Corn Bake w/Margarine Peaches-4 oz Salad Dressing PK-1 ct 100% Fruit Juice</p>	<p>3 Cobb Salad w/Turkey, Cheese, Egg, Bacon Pasta Salad Fruit Muffin-1 ea Fruit Salad-4 oz Salad Dressing Pkt-1 ea Milk-8 oz</p>	<p>4 Baked Mostaccioli w/Meat Sauce French Green Beans Lima Beans Fresh Pear Breadstick 100% Fruit Juice-4 oz</p>	<p>5 New Orleans Chicken Stir-fry Vegetable Blend-4 oz Vegetable Fried Rice-4 oz Whole Grain Flatbread-1 ea Apricots-4oz Margarine-1 ea Milk-8 oz Fortune Cookie-1 ea</p>	<p>6 Grilled Chicken Fillets Parsley Potatoes-4 oz California Vegetable Blend-4 oz WG Sweet Roll-1 ea Margarine-1 ea Fruit Cocktail-4 oz Milk-8 oz</p>
<p>9 Cheese Ravioli w/Sauce & Shrimp Italian Veggie Blend-4 oz Roasted Potatoes-4 oz Potato Roll-1 ea Margarine-1 ea Fresh Pear-1 ea Milk-8 oz</p>	<p>10 Fiesta Chicken w/onions & Peppers Roasted Corn & Black Beans Vegetable Blend-4 oz WG Tortilla-1 ea Pineapple Tidbits-4 oz Margarine-1 ea 100% Fruit Juice-4 oz</p>	<p>11 </p>	<p>12 HM Salisbury Steak w/Gravy Parsley Mashed Potatoes-4 oz Mixed Vegetables-4 oz Multi-Grain Roll-1 oz Fruit Cocktail-4 oz Margarine-1 ea 100% Fruit Juice-4 oz</p>	<p>13 Pork Burger Sweet Potato Wedges Steamed Cauliflower-4 oz WG Bun Cinnamon Applesauce-4 oz Milk-8 oz</p>
<p>16 Beef & Broccoli in Sauce Brown Rice-4 oz Green Beans-4 oz Mandarin Oranges-4 oz Crunchy Breadsticks-1 pkt 100% Fruit Juice-4 oz</p>	<p>17 Crispy Chicken Salad w/Apples & Cranberries Cole Slaw-4 oz Potato Roll Fresh Orange Milk-8 oz</p>	<p>18 Cobb Salad w/Turkey, Cheese, Egg, Bacon Winter Blend Vegetables Corn Muffin-1 ea Fruit Salad-4 oz Salad Dressing Pkt-1 ea Milk-8 oz</p>	<p>19 Chicken & Rice Burrito Chuck Wagon Veggie Blend-4 oz Black Beans-4 oz Wheat Roll HM Birthday Cake Golden Apple-1 ea 100% Fruit Juice-4 oz</p>	<p>20 Chili W/Ground Beef Spring Mix Tossed Salad Mixed Vegetables Corn Baked & Croutons Strawberry Applesauce Salad Dressing Pk Milk</p>
<p>23 Bean Soup w/ Smoked Ham Baby Carrots-4 oz Stewed Tomatoes-4 oz Fruit Cocktail-4 oz Corn Muffin-1 ea Margarine-1 ea Milk-8 oz</p>	<p>24 <u>Thanksgiving Dinner</u> Turkey Breast W/Gravy Mashed Potatoes Southern Style Green Beans HM Mac & Cheese Wheat Roll w/Margarine HM Holiday Cookie 100% Fruit Juice-4 oz</p>	<p>25 Pub Burger w/Cheese Potato Wedges Lettuce/Tomato/Onion Fruit Cocktail-4 oz WG Bun Ketchup/Mustard Milk-8 oz</p> 	<p>26 </p>	<p>27 </p>
<p>30 Chili W/Ground Beef Mixed Vegetables Corn Bake Strawberry Applesauce Milk</p>				