

CONGREGATE MEAL MENU - March 2018

MENU SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Pork Chop w/Gravy Mashed Sweet Potatoes Mixed Greens Dice Fruit Mix Corn Bread Margarine Milk	Artisan Macaroni & Cheese Stewed Tomatoes Steamed Broccoli Potato Roll Margarine Jell-O w/Fruit Milk
5	6	7	8	9
Chicken & Dumplings w/ Stewed Vegetables Green Beans Sliced Peaches Potato Roll Margarine Milk	HM Meatloaf w/Mushroom Gravy Redskin Mashed Potatoes Sweet Green Peas Fresh Apple Multi - Grain Roll Margarine Milk	BBQ Pulled Pork Sandwich Caribbean Blend Vegetables Baked Potato w/Sour Cream Fresh Fruit Salad Mini Sub Bun Margarine Milk	Turkey Burger w/cheese Leaf Lettuce, Sliced Tomatoes Key West Vegetable Blend Strawberry Applesauce Mayo, Mustard Potato Bun Milk	Baked Lemon Pollock Fish Au Gratin Potatoes Cole Slaw Mixed Fruit Salad Wheat Grain Roll Margarine Lemon Juice Milk
12	13	14	15	16
Bean Soup w/Turkey Ham Spring Mix Tossed w/Tomatoes Sliced Carrots Peach Cobbler Wheat Crackers Salad Dressing pk Milk	Sliced Turkey w/Gravy Whipped Potatoes California Blend Fresh Orange Sliced Cinnamon Bread Margarine Milk	Boneless Rib In BBQ Sauce Cream of potato soup Urban Salad Blend /w Sliced Tomatoes Sliced Onion Bun Milk	Sloppy Joe Garden Pasta Vegetable Blend Cauliflower Florets Fresh Banana Brioche Bun Birthday Cake Milk 	Stuffed Cabbage Mixed Vegetables Brown Rice Dice Fruit Mix Corn Bread Margarine Milk
19	20	21	22	23
Breaded Veal Sweet Potatoes In Syrup Prince Charles Vegetable Blend Citrus Fruit Salad Potato Roll Margarine Milk	Tangerine Chicken in Stir fry Vegetables Cut Asparagus Brown Rice Potato Roll Margarine Milk	Boiled Turkey Ham Steamed Cabbage Whole Potatoes Fruit Salad Whole Grain Muffin Margarine Milk	Beef Liver w/Onions & Gravy Mashed Potatoes Southern Style Green Beans Whole Wheat Roll Margarine Milk Cookie of the Month 	Vegetable Lasagna Chopped Spinach Belgian Carrots Fresh Apple Sliced Garlic Bread Margarine Milk
26	27	28	29	30
Swiss Steak w/Mushroom Gravy Mashed Roasted Garlic Potatoes Sweet Green Peas Fresh Orange Wheat Roll Margarine Milk	Marinated Turkey Breast In Broth O'Brien Potatoes Tuscan Asiago Vegetable Blend Diced Peaches Apple Cinnamon Muffin Margarine Milk	Breaded Chicken Breast Crinkle-cut Carrots Green Beans Applesauce Honey Wheat Roll Margarine Milk	Char Beef Steak In Broth Mashed Cauliflower Crumbles Brussel Spouts Sliced Pears Sliced Raisin Bread Margarine Milk	HOLIDAY CLOSED GOOD FRIDAY