





**Congregate October Meal Menu 2018**

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p align="right">1</p> <p>Stuffed Green Pepper In Sauce Steamed Beets Cauliflower Gala Apple Dinner Roll w/Margarine Milk</p>	<p align="right">2</p> <p>Salisbury Steak w/gravy Mashed Potatoes Mixed Vegetables Wheat Roll Margarine Cantaloupe, Honeydew Grapes Milk</p>	<p align="right">3</p> <p>Chicken Teriyaki w/Rice Oriental Vegetables Winter Blend Vegetables Dinner Roll Apricots Margarine Milk</p>	<p align="right">4</p> <p>Chicken Marsala Chuck Wagon Vegetable Blend Chopped Broccoli Potato Roll w/Margarine Fresh Orange Milk</p>	<p align="right">5</p> <p>Meatballs w/ Gravy Mashed Potatoes Key West Vegetables Wheat Roll Margarine Sliced Pears Milk</p>
<p align="right">8</p> <p>BBQ Pulled Pork Baked Potato Vegetable Blend Fresh Orange Mini Sub Bun Margarine &amp; Sour Cream Milk</p>	<p align="right">9</p> <p>Chicken Parmesan Steamed Spaghetti Garlic Vegetable Blend Whole Grain Garlic Bread Margarine Diced Pears Milk</p> 	<p align="right">10</p> <p>Creole Steak In Sauce European Vegetables Sliced Beets Potato Roll Margarine Tropical Fruit Salad Milk</p>	<p align="right">11</p> <p>Country Style Chicken Steamed Broccoli Roasted Vegetables Honey Dew Fruit Wheat Roll Margarine Milk Cookie Of The Month</p> 	<p align="right">12</p> <p>Bean Soup w/ Turkey Ham Baby Carrots Tossed Salad w/Tomatoes Mandarin Oranges Salad Dressing pike Corn Muffin &amp; Margarine Milk</p>
<p align="right">15</p> <p>Vegetable Lasagna Chopped Spinach Season Stewed Tomatoes Sliced Bread w/Margarine Fruit Cocktail in Juice Milk</p>	<p align="right">16</p> <p>Chargrilled Steak In Broth Whipped Potatoes Italian Mixed Vegetables Diced Peaches Multi - Grain Roll w/Margarine Apple Juice</p>	<p align="right">17</p> <p>Pub Burger w/Cheese Leaf Lettuce w/Sliced Tomato Steak House Potato Salad Diced Peas &amp; Carrots Whole Wheat Bun Mayo Mustard Fruit Salad Milk</p>	<p align="right">18</p> <p>Oven Fried Chicken Cauliflower Florets Glazed Baby Carrots Wheat Roll w/Margarine Fresh Fruit Salad Milk Birthday Cake</p> 	<p align="right">19</p> <p>Crusted Fish Au Gratin Potatoes Fancy Cole Slaw Sliced Peaches Potato Roll Margarine Milk</p>
<p align="right">22</p> <p>White Chicken Chili Whole Kernel Corn Tossed Salad w/Tomatoes Corn Bake w/Margarine Mixed Fruit Salad Salad Dressing Pk Milk</p>	<p align="right">23</p> <p>Breaded Turkey Cutlet Mashed Sweet Potatoes Northwest Vegetable Blend Cracked Wheat Roll w/Margarine Fresh Red Grapes Milk</p>	<p align="right">24</p> <p>BBQ Pulled Chicken Potato Salad Mixed Vegetables Diced Pears Mini Sub Bun Margarine Milk</p>	<p align="right">25</p> <p>Pork Chop w/Apples Mixed Greens Mashed Sweet Potatoes Corn Bread &amp; Margarine Apricots Milk</p>	<p align="right">26</p> <p>Chicken &amp; Dumplings w/ Stew Vegetables French Green Beans Potato Rolls Margarine Fresh Apple Milk</p>
<p align="right">29</p> <p>Homestyle Chicken Noodle Soup Grilled Cheese Sandwich Pineapple Tidbits Dinner Roll Milk</p> 	<p align="right">30</p> <p>Pepper Steak Oriental Vegetables Sweet Peas Fresh Fruit Potato Roll/Margarine Halloween Cookie Milk</p>	<p align="right">31</p> <p>HM Baked Macaroni &amp; Cheese Steamed Broccoli Zucchini &amp; Tomatoes Sliced Bread w/Margarine Fruit Cocktail in Juice Milk</p>		