

**Congregate January Menu 2020**

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<p>1</p> <p>2</p> <p>Beef Sirloin Tip w/Gravy Sugar Snap Peas Mashed Potatoes Sliced Wheat Bread Margarine Oven Baked Apples Milk</p>	<p>3</p> <p>Chicken Caesar Salad w/Romaine Cucumber Slices w/dip Fruit Cocktail Pita Half Caesar Salad Dressing Pkt Milk</p>
<p>6</p> <p>BBQ Pulled Pork Baked Potato Veggie Blend Fresh Orange Mini Sub Bun Margarine &amp; Sour Cream Milk</p>	<p>7</p> <p>HM Chicken Parmesan Succotash Vegetable Blend Steamed Cauliflower Potato Roll Margarine Fresh Fruit Salad 100% Fruit Juice</p>	<p>8</p> <p>Marinated Turkey Breast Vegetable Blend Roasted Sweet Potatoes Honey Wheat Roll Margarine Fruit Cocktail Milk</p>	<p>9</p> <p>HM Beef Barley Soup Tossed Salad w/Tomatoes Baby Carrots Salad Dressing pk Buttermilk Biscuit w/honey Fresh Orange Margarine 100% Fruit Juice</p>	<p>10</p> <p>Antipasto Salad w/Salami, Pepperoni, Ham Pasta Salad Breadstick Salad Dressing pk Milk</p>
<p>13</p> <p>Chicken Tenderloins in Sauce Rainbow Broccoli Squash Mix Redskin Potato Wedges Whole Wheat Roll Margarine Sliced Pears Milk</p>	<p>14</p> <p>HM Stuffed Peppers Steamed Beets Cauliflower Fresh Apple Wheat Roll Margarine 100% Fruit Juice</p>	<p>15</p> <p>Country Style Chicken Patty Mashed Potatoes Mixed Vegetables Banana Muffin Margarine Fresh Orange Milk</p>	<p>16</p> <p>HM Mac and Cheese Corn Green Beans Wheat Roll Birthday Cake Margarine 100% Fruit Juice</p> <p align="center">  </p>	<p>17</p> <p>Alaskan Pollock Loin Tossed Salad w/Tomatoes Winter Blend Vegetables Salad Dressing pk Whole Grain Muffin Diced Fruit Mix Lemon Juice Pk Milk</p>
<p>20</p> 	<p>21</p> <p>HM Chicken &amp; Dumplings Stew Vegetables Green Beans Biscuit Golden Apple 100% Fruit Juice</p>	<p>22</p> <p>Spaghetti w/ Meat Sauce Sweet Peas Veggie Blend Tropical Fruit Salad Whole Wheat Bun Margarine Milk</p>	<p>23</p> <p>HM Beef Potpie w/ Stewed Vegetables Zucchini &amp; Tomatoes Biscuit Pineapple Chunks Cookie Of the Month Margarine 100% Fruit Juice</p>	<p>24</p> <p>Cobb Salad w/Turkey, Cheese, Egg, Bacon Peppers Strips Corn Muffin Fruit Salad Salad Dressing Pkt Milk</p>
<p>27</p> <p>Chicken Teriyaki w/Rice Oriental Veggies Vegetable Blend Dinner Roll Margarine Fruit Cup Milk</p>	<p>28</p> <p>HM Beef Liver w/Gravy Garlic Mashed Potatoes Sweet Peas Sliced Dinner Roll Margarine Sliced Peaches 100% Fruit Juice</p>	<p>29</p> <p>Chargrilled Chicken Breast Far East Vegetable Blend Sliced Carrots Sourdough Dinner Roll Margarine Mandarin Oranges Milk</p>	<p>30</p> <p>HM Salisbury Steak w/gravy Steamed Spinach Mashed Potatoes Multi-grain Roll Fresh Pear Margarine 100% Fruit Juice</p>	<p>31</p> <p>Grilled Chicken Salad Romaine Lettuce Cucumber Slices w/dip Mandarin Oranges Garlic Bread Margarine Milk</p>