

Congregate January Menu 2019

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 2 Pork Ham Patty w/Pineapples Scalloped Potatoes Key Biscayne Vegetable Blend Wheat Roll Margarine Sliced Peaches Milk	3 Beef Sirloin Tip w/Gravy Sugar Snap Peas Mashed Potatoes Sliced Wheat Bread Margarine Oven Baked Apples Milk	4 White Cheddar Mac Baby Carrots Broccoli Florets Whole Grain Corn Muffin Margarine Pineapple Tidbits Milk
7 Chicken Parmesan Succotash Vegetable Blend Steamed Cauliflower Potato Roll Margarine Fresh Fruit Salad Milk	8 Beef Pasty w/ Gravy Nantucket Veggie Blend Stewed Tomatoes Applesauce Margarine Milk	9 Marinated Turkey Breast Prince Charles Vegetables Blend Roasted Sweet Potatoes Honey Wheat Roll Margarine Fruit Cocktail Milk	10 Beef Barley Soup w/Vegetables Tossed Salad w/Tomatoes Salad Dressing pk Buttermilk Biscuit Honey pk Fresh Orange Margarine Milk	11 Stuffed Green Peppers Rainbow Squash Sweet Peas Fresh Apple Wheat Roll Margarine Milk
14 Chicken Cordon Bleu Rainbow Broccoli Squash Mix Redskin Potato Wedges Whole Wheat Roll Margarine Sliced Pears Milk	Turkey Tetrazzini Riviera Vegetable Blend Corn Baked Margarine Strawberry Applesauce Salad Dressing Pk Milk	16 Country Style Chicken Patty Baby Carrots Sliced Beets Banana Muffin Margarine Fresh Orange Milk	17 Pot Roast w/Gravy Mashed Potatoes Green Beans Wheat Roll Birthday Cake Margarine Milk 	18 Alaskan Pollock Loin Tossed Salad w/Tomatoes Winter Blend Vegetables Salad Dressing pk Whole Grain Muffin Diced Fruit Mix Lemon Juice Pk Milk
	21 22 Pepper Steak Patty w/Gravy In Beef Broth Brussel Sprouts Maple Glazed Sweet Potatoes Multi-Grain Roll w/Margarine Golden Apple Milk	23 Turkey Coney Normandy Blend Vegetables Sauerkraut & Diced Onions Tropical Fruit Salad Whole Wheat Bun Margarine Milk	24 Pan Baked Chicken Potpie w/ Stewed Vegetables Zucchini & Tomatoes Biscuit Pineapple Chunks Cookie Of the Month Margarine Milk	25 Vegetable Lasagna Chopped Spinach Cozumel Vegetable Blend Sliced Bread Margarine Fruit Salad Milk
28 Beef Steak Chili And Meat Sauce Caribbean Vegetable Blend Chuck wagon Vegetable Sourdough Roll Margarine Fruit Cup Milk	29 Beef Liver w/Gravy Garlic Mashed Potatoes Sweet Peas Sliced Dinner Roll Margarine Sliced Peaches Milk	30 Chargrilled Chicken Breast Far East Vegetable Blend Sliced Carrots Sourdough Dinner Roll Margarine Mandarin Oranges Milk	31 Salisbury Steak w/gravy Steamed Spinach Mashed Potatoes Multi-grain Roll Fresh Pear margarine Milk	