





**Congregate February Menu 2020**

Menu Subject to Change Based on Product Availability and Quality Standards

| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  |
|--|---|---|---|---|
| <p>3</p> <p>Sliced Turkey w/Gravy<br/>Whipped Potatoes<br/>California Blend<br/>Fresh Orange<br/>Sliced Cinnamon Bread<br/>Margarine<br/>Milk</p>              | <p>4</p> <p>HM Meatloaf w/Gravy<br/>Redskin Mashed Potatoes<br/>Sweet Green Peas<br/>Fresh Apple<br/>Multi-Grain Roll<br/>Margarine<br/>Milk</p>                        | <p>5</p> <p>Turkey Burger w/cheese<br/>Leaf Lettuce, Tomatoes<br/>Key West Vegetable Blend<br/>Strawberry Applesauce<br/>Mayo, Mustard<br/>Potato Bun<br/>Milk</p>    | <p>6</p> <p>Beef &amp; Bean Taco Salad<br/>Spanish Rice<br/>Steamed Corn<br/>Fresh Pico de Gallo<br/>Sour Cream<br/>Tortilla Chips<br/>Mandarin Oranges<br/>Milk</p>  | <p>7</p> <p>BBQ Chicken Breast Sandwich<br/>Potato Salad<br/>Cole Slaw<br/>Fruit Salad<br/>WG Bun<br/>Milk</p>  |
| <p>10</p> <p>Chicken &amp; Dumplings w/<br/>Stewed Vegetables<br/>Green Beans<br/>Sliced Peaches<br/>Potato Roll<br/>Margarine<br/>Milk</p>                    | <p>11</p> <p>HM Goulash<br/>Spinach<br/>Baby Carrots<br/>Fresh Apple<br/>Corn Bread<br/>Margarine<br/>100% Fruit Juice</p>  | <p>12</p>   | <p>13</p> <p>HM White Chicken Chili<br/>Whole Kernel Corn<br/>Tossed Salad<br/>Apricots<br/>Corn Bake<br/>Margarine<br/>Salad Dressing<br/>100% Fruit Juice</p>   | <p>14</p> <p>HM Swedish Meatballs<br/>w/Egg Noodles<br/>Buttered Sweet Peas<br/>Yellow Squash<br/>Sweet Roll<br/>Apple Cumb C<br/>Fruit Punch</p>  |
| <p>17</p>   | <p>18</p> <p>Hesta Lime Chicken<br/>Roasted Corn &amp; Black Beans<br/>Cilantro Brown Rice<br/>Pineapple Tidbits<br/>WG Tortilla<br/>Margarine<br/>100% Fruit Juice</p> | <p>19</p> <p>Deluxe Chicken Alfredo<br/>Roasted Brussel Sprouts<br/>Tossed Salad w/Italian<br/>Dressing<br/>Warm Bread Stick<br/>Apple Crumb Cake<br/>Fruit Punch</p> | <p>20</p> <p>Cheesy Potato Soup<br/>w/Turkey Ham<br/>Diced Carrots<br/>Winter Blend Veggies<br/>Fruit Cocktail<br/>Margarine<br/>100% Fruit Juice<br/>Cookie of the Month</p>  | <p>21</p> <p>Baked Lemon POILOCK FISH<br/>Au Gratin Potatoes<br/>Cole Slaw<br/>Mixed Fruit Salad<br/>Wheat Grain Roll<br/>Margarine<br/>Lemon Juice<br/>Milk</p>  |
| <p>24</p> <p>Language Chicken in<br/>Stir Fry Vegetables<br/>Peas &amp; Carrots<br/>Brown Rice<br/>Diced Pineapples<br/>Potato Roll<br/>Margarine<br/>Milk</p> | <p>25</p> <p>HM Beef Liver w/Gravy<br/>Garlic Mashed Potatoes<br/>Sweet Peas<br/>Sliced Dinner Roll<br/>Margarine<br/>Sliced Peaches<br/>100% Fruit Juice</p>           | <p>26</p> <p>Boneless Rib in BBQ Sauce<br/>Peas &amp; Carrots<br/>Salad Blend /w<br/>Sliced Tomatoes<br/>Sliced Sub Bun<br/>Cinnamon Applesauce<br/>Milk</p>          | <p>27</p> <p>Scrambled Eggs W/Spinach<br/>Diced Potatoes w/Peppers<br/>Turkey Sausage Links<br/>WG Mini Pancake<br/>Mixed Fruit<br/>100% Fruit Juice<br/>Birthday Cake</p>  | <p>28</p> <p>Artisan Macaroni &amp; Cheese<br/>Stewed Tomatoes<br/>Steamed Broccoli<br/>Potato Roll<br/>Margarine<br/>Diced Pears<br/>Milk</p>  |
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