





**Congregate February Menu 2019**

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Artisan Macaroni & Cheese Stewed Tomatoes Steamed Broccoli Potato Roll Margarine Pineapple Tidbits Milk
4 Chicken & Dumplings w/ Stewed Vegetables Green Beans Sliced Peaches Potato Roll Margarine Milk	5 Meatloaf w/Mushroom Gravy Redskin Mashed Potatoes Sweet Green Peas Fresh Apple Multi-Grain Roll Margarine Milk	6 BBQ Pulled Pork Sandwich Baked Potato w/Sour Cream Corn Fresh Fruit Salad Mini Sub Bun Margarine Milk	7 Turkey Burger w/cheese Leaf Lettuce, Sliced Tomatoes Key West Vegetable Blend Strawberry Applesauce Mayo, Mustard Potato Bun Milk	8 Baked Lemon Pollock Fish Au Gratin Potatoes Cole Slaw Mixed Fruit Salad Wheat Grain Roll Margarine Lemon Juice Milk
11 Sliced Turkey w/Gravy Whipped Potatoes California Blend Fresh Orange Sliced Cinnamon Bread Margarine Milk	12 	13 Boneless Rib In BBQ Sauce Peas & Carrots Salad Blend /w Sliced Tomatoes Sliced Sub Bun Cinnamon Applesauce Milk	14 Sloppy Joe Garden Pasta Vegetable Blend Cauliflower Florets Apple Brioche Bun Birthday Cake Milk 	15 Sweet & Sour Pork Mixed Vegetables Brown Rice Dice Fruit Mix Potato Roll Margarine Milk
18 	19 Tangerine Chicken in Stir fry Vegetables Peas & Carrots Brown Rice Potato Roll Margarine Milk	20 Boiled Turkey Ham Steamed Cabbage Whole Potatoes Fruit Salad Whole Grain Muffin Margarine Milk	21 Beef Liver w/Onions & Gravy Mashed Potatoes Southern Style Green Beans Whole Wheat Roll Margarine Milk Cookie of the Month 	22 Vegetable Lasagna Chopped Spinach Belgian Carrots Fresh Apple Sliced Garlic Bread Margarine Milk
25 Swiss Steak w/Mushroom Gravy Mashed Roasted Garlic Potatoes Sweet Green Peas Fresh Orange Wheat Roll Margarine Milk	26 Bone-In Chicken Thigh Winter Blend Veggies Corn Apple Pie Dinner Roll Margarine Milk	27 Marinated Turkey Breast In Broth O'Brien Potatoes Vegetable Blend Diced Peaches Wheat Roll Margarine Milk	28 Breaded Chicken Breast Crinkle-cut Carrots Green Beans Applesauce Honey Wheat Roll Margarine Milk	