



CONGREGATE MEAL MENU - AUGUST 2019

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			BBQ Pork Sandwich (1 ct) Italian Blend Vegetables (4 oz) Baked Potato w/Sour Cream (1 ea) Diced pears (4 oz) Mini Sub Bun (1 ct) Margarine (1 ct) 100% Fruit Juice	Turkey Tetrzzini (8 oz) Riviera Vegetable Blend (4 oz) Crinkle Cut Carrots (4 oz) Corn Muffin (1 ct) Margarine (1 ct) Berry Blend Applesauce (1 ct) Milk (1 ct)
5	6	7	8	9
Pub Burger w/Cheese (1 ea) Broccoli Florets (4 oz) Mixed Vegetables (4 oz) Whole Wheat Bun (1 ct) Tropical Fruit Salad (4 oz) Milk (1ct) 	Marinated Turkey In Broth (3 oz) Spinach (4 oz) Peas (4 oz) Diced Peaches (4 oz) Dinner Roll (1 ct) Margarine (1 ct) 100% Fruit Juice	Spanish Rice w/Beef (8 oz) Broccoli Florets (4 oz) Sweet Corn (4 oz) Deluxe Fruit Salad (1 ct) Potato Roll (1 ct) Margarine (1 ct) Milk (1 ct)	Buttermilk Breaded Chicken (1 ct) O'Brien Potatoes (4 oz) Scandinavian Veggie Blend (4 oz) Potato Roll (1 ct) Fruit Cup (1 ct) Margarine (1 ct) 100% Fruit Juice	Pork Burger w/Hickory Sauce (1 ct) Redskin Potatoes (4 oz) Sliced Carrots (4 oz) Whole Grain Bun (1 ct) Fresh Orange (1 ct) Milk (1 ct)
12	13	14	15	16
Sloppy Joe (3 oz) Diced Potatoes (4 oz) Winter Blend Vegetables (4 oz) Wheat Bun (1 ct) Golden Apple (1 ct) Margarine (1 ct) Milk (1 ct)	Chicken Tenders w/Sauce (2 ct) French-Style Green Beans (4 oz) Baby Carrots (4 oz) Wheat Roll (1 ct) Mandarin Orange (4z) Margarine (1 ct) 100% Fruit Juice	Salisbury Steak w/Gravy (1 ct) Mashed Potatoes (4 oz) Garden Pasta vegetables (4 oz) Hawaiian Dinner Roll (1 ct) Apple (1 ct) Margarine (1 ct) Milk (1 ct)	BBQ Leg Quarter (1 ct) Tomatoes & Zucchini (4 oz) Brussel Spouts (4 oz) Pear Cup (1 ct) Wheat Roll (1 ct) Margarine (1 ct) Apple Cobbler 100% Fruit Juice	Macaroni & Cheese (8 oz) Green Beans (4 oz) Sliced Carrots (4 oz) Cantaloupe (4 oz) Dinner Roll (1 ct) Margarine (1 ct) Milk (1ct) 
19	20	21	22	23
Boneless Chicken Wings (3 oz) Whole Kennel Corn (4 oz) Green Beans (4 oz) Potato Roll (1 ct) Sliced Peaches (4 oz) Margarine (1 ct) Milk (1ct)	Pork Chop Loin Chop (1 ct) Sweet Potatoes (4 oz) Sliced Beets (4 oz) Corn Bread (1 ct) Fruit Cup (1 ct) Margarine (1 ct) 100% Fruit Juice	Chicken & Cheese Fajitas (3 oz) Refried Beans (4 oz) Spanish Rice with Corn (4 oz) Tortilla Shell (1 ct) Pineapple Tidbits (4 oz) Milk (1 ct) Taco Sauce pkt (1 ct)	Philly Steak w/Cheese (3 oz) Potato wedges (4 oz) Succotash Veggie Blend (4 oz) Wheat Sub Bun (1 ct) Tropical Fruit Salad (4 oz) Margarine (1 ct) 100% Fruit Juice Cookie of The Month (1 ct)	Baked Lemon Pollock Fish (1ct) Scalloped Potatoes (4 oz) Tossed Salad w/Tomato (4 oz, 3ct) Mixed Fruit Salad (4 oz) Wheat Roll w/Margarine (1 ct) Salad Dressing (1 ct) Lemon Juice pk (1 ct) Milk (1ct)
26	27	28	29	30
Boneless Rib in sauce (1 ct) Yams & Apples (4 oz) Peas & Carrots (4 oz) Whole Grain Bun (1 ct) Diced Peaches (4 oz) Milk (1ct)	Meatball Sub Sandwich (5 ct) W/Swiss Cheese (1 oz) Baby Carrots (4 oz) Key West Vegetables (4 oz) Pineapple Tidbits (4 oz) Sub Bun (1 ct) 100% Fruit Juice	Turkey Polish Sausage (1 ct) Normandy Blend Vegetables (4 oz) Red Cabbage (4 oz) Tropical Fruit Salad (4 oz) Whole Wheat Bun (1 ct) Margarine (1 ct) Milk (1 ct)	Pulled BBQ Chicken (3 oz) Baked Beans (4 oz) Green Beans (4 oz) Whole Grain Bun (1 ct) Diced Pears (4 oz) 100% Fruit Juice	Grilled Turkey Burger (1 ct) Lettuce & Sliced Tomatoes (1 ea) Ranch Potatoes Wedges (4 oz) Wheat Bun (1 ct) Mayo & Mustard (1 ea) Milk (1ct)