

CONGREGATE MEAL MENU - JULY 2021

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Grilled Chicken Sandwich Chuck Wagon Vegetables Chopped Broccoli WG Bun Mixed Fruit Cup Margarine 100% Fruit Juice	2 BBQ Pulled Pork Cole Slaw Baked Beans Wheat Bun Peaches BBQ Sauce Milk
5 	6 HM Sloppy Joes Garden Blend Veggie Pasta Cauliflower WG Bun Golden Apple Margarine 100% Fruit Juice	7 Philly Chicken w/Cheese Diced Potatoes Normandy Blend Vegetables Wheat Sub Bun Tropical Fruit Salad Margarine Milk	8 Ravioli w/Shrimp & Sauce Steamed Broccoli Roasted Squash & Zucchini Crunchy Breadsticks Fruit Cocktail Margarine 100% Fruit Juice	9 Chef Salad w/Romaine Turkey, Eggs & Cheese Carrots Sticks Diced Peaches Wheat Roll Salad Dressing Milk 
12 Tangerine Chicken Sweet Peas Diced Carrots Hawaiian Roll Applesauce Milk Fortune Cookie	13 HM Stuffed Peppers Sliced Beets Diced Carrots Pineapple Tidbits WW Roll Margarine 100% Fruit Juice 	14 Chinese Pepper Steak Sicilian Veggie Blend Succotash Mixed Fruit Cup Potato Roll Margarine Milk	15 Grilled Chicken & Veggie Med Roasted Sweet Potatoes Cilantro Rice Peaches Cornbread Muffin Birthday Cake 100% Fruit Juice 	16 Oven Fried Fish Au Gratin Potatoes Cole Slaw Hawaiian Roll Diced Peaches Margarine & Tartar Sauce Milk
19 Turkey & Cheese Sub Fresh Snap Peas Fresh Cauliflower WG Bun Fresh Pear Mayo, Mustard, Veggie Dip Milk	20 Beef & Cheese Lasagna Roll Spinach Sliced Carrots Garlic Bread Strawberry Applesauce Margarine 100% Fruit Juice 	21 Honey Glazed Chicken Breast Lima Beans Scalloped Potatoes Corn Muffin Fresh Apple Margarine Milk	22 Turkey Tetrazzini Riviera Blend Veggies Steamed Cauliflower Dinner Roll Pineapples Margarine-Cookie 100% Fruit Juice	23 Mac & Cheese French Cut Green Beans Corn Potato Roll Margarine Fresh Banana Milk 
26 HM Chicken Salad Sandwich Grape Tomatoes 3 Bean Salad Sliced Croissant Fruit Cocktail Milk	27 HM Meatball Sub w/cheese Tossed Salad Diced Potatoes Sub Bun Mixed Fruit Cup Salad Dressing 100% Fruit Juice	28 Pub Burger w/Cheese Potato Salad Veggie Blend WW Bun, Mayo, Mustard Fruit Salad Lettuce, Tomato Milk 	29 HM Deluxe Fried Rice w/ Beef, Chicken, Ham & Peas and Carrots Steamed Broccoli Fresh Orange Crunchy Breadsticks Margarine 100% Fruit Juice	30 Fiesta Lime Chicken Roasted Corn & Black Beans Brown Rice Peaches Flatbread Margarine Milk