## Congregate December Menu 2023

Menu Subject to Change Based on Product Availability and Quality Standards				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Genesee County CARD Homman	Steen Services	Valley Area Agency On Aging Answers, Action & Advocacy for All Things Senior	hello* Winter*	BBQ Chicken Thighs Roasted Brussel Sprouts Mixed Vegetables-4 oz Diced Pears-4 oz Hawaiian Roll Margarine-1 ea 100% Fruit Juice
Beef Dippers w/gravy Redskin potatoes-4 oz Sweet Peas-4 oz Fresh Apple-1 ea Corn Bread Margarine 100% Fruit Juice-4 oz	Chef's Choice	Margarine Strawberry Applesauce Milk	Baked Chicken Breasts w/ Stewed Vegetables-8 oz Lima Beans-4 oz Mandarin Oranges-4 oz Potato Roll Margarine 100% Fruit Juice	Baked Fish-1 ea Au Gratin Potatoes-4 oz Cole Slaw -4 oz Potato Roll Mixed Fruit-4 oz Margarine Milk
Beef Tacos Spanish Rice Roasted Mexi Corn Diced Peaches Tortilla Shells (2) Milk	HM Beef Stew w/Peas, Carrots, Potatoes Italian Green Beans Fresh Apple margarine Biscuit 100% Fruit Juice	HM Chicken Chili Steamed Broccoli Diced Carrots (4 oz) Fresh Pear 1 ct) Bread Stick(1 ct) Margarine (1 ct) Milk	HM Stuffed Green Pepper Vegetable Blend-4 oz Steamed Cauliflower-4 oz Pineapple Chunks-4 oz WG Crackers Margarine 100% Fruit Juice-4 oz	Antipasto Salad w/ Ham, Pepperoni & Salami Carrot Sticks w/dip Sliced Pears-4 oz Wheat Roll Salad Dressing Milk
Turkey Burger w/Cheese Potato Wedges Green Beans Fruit Cocktail-4 c WG Bun Milk	Chicken Parmasan-1 ea Steamed Spaghetti-2 oz Veggie Blend Whole Grain Garlic Bread-1 ct Margarine-1 ct Diced Pears-4 oz 100% Fruit Juice	Salisbury Steak in Broth Steamed Spinach-4 oz Corn-4 oz Diced Peaches-4 oz Multi - Grain Roll Margarine Milk	CHRISTMAS LUNCHEON Glazed Pork Loin Roasted Veggie Medley Candied Yams HM Holiday Brownie Apple Crisp Wheat Roll & Margarine 100% Fruit Juice	Country Style Chicken Sweet Peas Diced Potatoes Dinner Roll Margarine Diced Peaches Milk
OBSERVANCE	OMerry Christmas OBSERVANCE	Steak Fajitas Chuck Wagon Veggies Spanish Rice Tortilla Shell Margarine-1 ct Pineapple Cup Milk	HM Chicken Salad 3 Bean Salad Sugar Snap Peas Sliced croissant Ranch Dressing Pineapple Cup 100% Fruit Juice	HM Mac & Cheese-8 oz French Cut Green Beans-4 oz Sliced Carrots-4 oz Mixed Fruit Potato Roll Margarine Milk