

Congregate December Menu 2021

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
		1	2	3
		Ham Steak w/Pineapples Steamed Cabbage Rosemary Potatoes Diced Pears Whole Grain Muffin Margarine Milk	Taco Salad w/Beef & Beans HM Pico Pasta Salad Fresh Apple-1 ea WG Bun-1 ea Margarine-1 ea 100% Fruit Juice	HM Mac & Cheese-8 oz French Cut Green Beans-4 oz Sliced Carrots-4 oz Fruit Salad-4 oz Potato Roll Margarine Milk
6	7	8	9	10
Chicken & Dumplings w/ Stewed Vegetables-8 oz Lima Beans-4 oz Mandarin Oranges-4 oz Potato Roll Margarine Milk	HM Roast Beef w/Gravy Redskin potatoes-4 oz Sweet Peas-4 oz Fresh Apple-1 ea Sliced Cinnamon Bread Margarine 100% Fruit Juice-4 oz	Lasagna w/Beef Steamed Spinach Baby Carrots Corn Bread-4 oz Margarine Berry Blend Applesauce-4 oz Milk	HM Boneless Pork Chop w/Gravy Green Beans-4 oz Yams & Apples-4 oz Peach Cup-4 oz Wheat Roll & Margarine 100% Fruit Juice-4 oz	Baked Fish-1 ea Au Gratin Potatoes-4 oz Cole Slaw -4 oz Corn Muffin-1 ea Mixed Fruit-4 oz Margarine Milk
13	14	15	16	17
Chicken & Cheese Enchiladas Spanish Rice Roasted Mexi Corn Roasted Corn Diced Peaches Whole Grain Roll Milk	Turkey Pot Pie w/Peas, Carrots, Potatoes Italian Green Beans Biscuit 100% Fruit Juice	HM Chicken & Penne Alfredo Steamed Cauliflower Diced Carrots (4 oz) Fresh Pear 1 ct) Bread Stick(1 ct) Margarine (1 ct) Milk	HM Beef Steak Chili-8 oz Vegetable Blend-4 oz Steamed Cauliflower-4 oz Pineapple Chunks-4 oz WG Crackers Margarine 100% Fruit Juice-4 oz	Antipasto Salad w/ Ham, Pepperoni & Salami Carrot Sticks-4 oz Sliced Pears-4 oz Wheat Roll Margarine Milk
20	21	22	23	24
BBQ Chicken Thighs Roasted Potatoes-4 oz Mixed Vegetables-4 oz Diced Pears-4 oz Hawaiian Roll Margarine-1 ea Milk 8 oz	CHRISTMAS LUNCHEON Glazed Pork Loin-3 oz Roasted Veggie Medley Candied Yams HM Holiday Brownie Apple Crisp Wheat Roll & Margarine 100% Fruit Juice 	Salisbury Steak in Broth-1 ea Steamed Spinach-4 oz Corn-4 oz Diced Peaches-4 oz Multi - Grain Roll Margarine Milk	 <p>OBSERVANCE</p>	 <p>OBSERVANCE</p>
27	28	29	30	31
Turkey & Green Bean Stir Fry Brown Rice Crinkle Cut Carrots-4 oz Corn Muffin-1 ct Margarine-1 ct Berry Blend Applesauce-1 ct Milk 8 oz	HM Chicken Parmesan-1 ea Steamed Spaghetti-2 oz HM Chicken Parmesan-1 ea Veggie Blend Whole Grain Garlic Bread-1 ct Margarine-1 ct Diced Pears-4 oz 100% Fruit Juice	Meatloaf w/gravy-3 oz Mashed Potatoes-4 oz Sweet Peas-4 oz Wheat Roll- 1ct Margarine-1 ct Cinnamon Applesauce Cup-4 oz Milk	 <p>OBSERVANCE</p>	 <p>OBSERVANCE</p>