

Congregate December Menu 2020

Menu Subject to Change Based on Product Availability and Quality Standards

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|--|--|
|  | <p>1 HM Chicken w/Mushroom Sauce Vegetable Blend-4 oz Mashed Potatoes-4 oz Sliced Peaches-4 oz Wheat Roll- 1 ea 100% Fruit Juice-4 oz</p> | <p>2 Ham Steak w/Pineapples Steamed Cabbage Rosemary Potatoes Diced Pears Whole Grain Muffin Margarine Milk</p>  | <p>3 HM Sloppy Joes-3 oz Garden Pasta Veggie Blend-4 oz Cauliflower-4 oz Fresh Apple-1 ea WG Bun-1 ea Margarine-1 ea 100% Fruit Juice</p> | <p>4 HM Mac & Cheese-8 oz French Cut Green Beans-4 oz Sliced Carrots-4 oz Fruit Salad-4 oz Potato Roll Margarine-1 ea Milk</p> |
| <p>7 Chicken & Dumplings w/ Stewed Vegetables-8 oz Lima Beans-4 oz Mandarin Oranges-4 oz Potato Roll Margarine Milk</p> | <p>8 HM Roast Beef w/Gravy Redskin potatoes-4 oz Sweet Peas-4 oz Fresh Apple-1 ea Sliced Cinnamon Bread Margarine 100% Fruit Juice-4 oz</p> | <p>9 Cheese Tortellini w/Cream Sauce Riviera Vegetable Blend-4 oz Veggie Blend Corn Bake-4 oz Margarine Berry Blend Applesauce-4 oz Milk</p> | <p>10 HM Boneless Pork Chop w/Gravy Green Beans-4 oz Yams & Apples-4 oz Peach Cup-4 oz Wheat Roll & Margarine 100% Fruit Juice-4 oz</p> | <p>11 Baked Fish-1 ea Au Gratin Potatoes-4 oz Cole Slaw -4 oz Corn Muffin-1 ea Mixed Fruit-4 oz Margarine Milk</p> |
| <p>14 Salisbury Steak in Broth-1 ea Steamed Spinach-4 oz Corn-4 oz Diced Peaches-4 oz Multi - Grain Roll Margarine Milk</p> | <p>15 Shepherd's Pie Potato Skins Vegetable Blend Fresh Apple Corn Muffin 100% Fruit Juice</p> | <p>16 HM Chicken & Penne Alfredo French Green Beans (4 oz) Diced Carrots (4 oz) Fresh Pear 1 ct) Bread Stick(1 ct) Margarine (1 ct) Milk</p> | <p>17 HM Beef Steak Chili-8 oz Vegetable Blend-4 oz Steamed Cauliflower-4 oz Pineapple Chunks-4 oz WG Crackers Margarine 100% Fruit Juice-4 oz</p> | <p>18 Antipasto Salad w/ Ham, Pepperoni & Salami Carrot Sticks-4 oz Sliced Pears-4 oz Wheat Roll Margarine Milk</p> |
| <p>21 BBQ Pulled Chicken-3 oz Roasted Potatoes-4 oz Mixed Vegetables-4 oz Diced Pears-4 oz Mini Sub Bun-1 ea Margarine-1 ea Milk 8 oz</p> | <p>22 CHRISTMAS LUNCHEON Glazed Pork Loin-3 oz Mashed Potatoes & Gravy-4 oz Far East Vegetables Blend-4 oz HM Holiday Brownie-1 ea Mixed Fruit Cup Wheat Roll & Margarine 100% Fruit Juice</p>  | <p>23 Breaded Chicken w/Basil Cream Sauce Spinach Roasted Corn Diced Peaches Whole Grain Roll Milk</p> | <p>24</p>  | <p>25</p>  |
| <p>28 Turkey Tetrizzini 8 oz Winter Blend-4oz Crinkle Cut Carrots-4 oz Corn Muffin-1 ct Margarine-1 ct Berry Blend Applesauce-1 ct Milk 8 oz</p> | <p>29 HM Chicken Parmesan-1 ea Steamed Spaghetti-2 oz HM Chicken Parmesan-1 ea Veggie Blend Whole Grain Garlic Bread-1 ct Margarine-1 ct Diced Pears-4 oz 100% Fruit Juice</p> | <p>30 HM Meatloaf w/gravy-3 oz Mashed Potatoes-4 oz Sweet Peas-4 oz Wheat Roll- 1ct Margarine-1 ct Cinnamon Applesauce Cup-4 oz Milk</p> | <p>31</p>  | |