

**CONGREGATE MEAL MENU - AUGUST 2018**

MENU SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Roasted Chicken Baby Carrots Whole Potatoes Mixed Fruit Cup Wheat Roll/Margarine Milk	2 Char Beef Steak In Broth Mashed Cauliflower Crumbles Brussel Sprouts Sliced Pears Sliced Raisin Bread Margarine Milk	3 Spanish Rice w/Beef Sweet Peas Sweet Corn Fresh Plum potato Roll w/Margarine Milk
6 Pub Burger w/Cheese Broccoli Florets Mixed Vegetables Whole Wheat Bun Tropical Fruit Salad Milk	7 Marinated Turkey Breast In Broth O'Brien Potatoes Tuscan Asiago Vegetable Blend Diced Peaches Apple Cinnamon Muffin Margarine Milk	8 Chicken Tenderloins w/Sauce French-Style Green Beans Belgian Carrots Potato Roll w/Margarine Fresh Orange Milk	9 Baked Lemon Pollock Fish Tossed Salad w/Tomato Cole Slaw Mixed Fruit Salad Wheat Grain Roll w/Margarine Salad Dressing Lemon Juice pk Milk	10 Philly Steak w/Cheese Potato wedges Vegetables blend Wheat Sub Bun Fresh Fruit Salad Milk
13 Sloppy Joe Diced Potatoes Winter Blend Vegetables Wheat Bun Golden Apple Milk	14 Meatloaf w/Gravy Mashed Potatoes Caribbean Vegetable Blend Multi-Grain Roll w/Margarine Malibu Blend Fruit Salad Milk	15 Buttermilk Breaded Chicken O'Brien Potatoes Scandinavian Vegetable Blend Potato Roll w/Margarine <b>Birthday Cake</b> Milk	16 Salisbury Steak w/Gravy Redskin Mashed Potatoes Kyoto Vegetable Blend Hawaiian Dinner Roll Margarine Fresh Plum Milk	17 BBQ Pork Sandwich Caribbean Blend Vegetables Baked Potato w/Sour Cream Diced Pears Mini Sub Bun Margarine Milk
20 Boneless Chicken Wings Whole Kennel Corn Green Beans Potato Roll w/Margarine Fresh Peach Milk	21 Pork Chop Loin Chop Sweet Potatoes Zucchini and Squash Blend Corn Bread w/Margarine Fresh Banana <b>Cookie of The Month</b> Milk	22 Chicken Philly w/Cheese Redskin Potatoes Steamed Asparagus Wheat Sub Bun Fresh Orange Milk	23 Pot Roast w/Gravy Garlic Mashed Potatoes Prince Charles Vegetable Blend Wheat Roll w/Margarine Fresh Pear Milk	24 Macaroni & Cheese Steamed Spinach Sliced Carrots Fresh Apple Dinner Roll w/Margarine Milk
27 Boneless Rib in sauce Fried Cabbage Riviera Blend Vegetables Whole Grain Bun Diced Peaches Milk	28 Meatball Sub Sandwich W/Swiss Cheese Baby Carrots Key West Vegetables Fresh Peach Sub Bun Milk	29 Stuffed Cabbage w/Ground Beef Ginger Spiced Carrots Steamed Cauliflower Wheat Rolls w/Margarine Mixed Fruit Cup Milk	30 Pulled BBQ Chicken Ranch Potato Wedges Green Beans Whole Grain Bun Green Grapes Bunch	31 Grilled Turkey Burger Leaf Lettuce & Sliced Tomatoes Corn & Black Bean Blend Wheat Bun Mayo & Mustard Milk